

November

Primary

Available with all meals:

- 1% or Nonfat Milk (Lactose Free Milk Available upon written request)
- Chocolate Milk at Lunch on Wednesdays and Breakfast on Thursdays
- Variety of Fruits & Vegetables
- Uncrustable as a second-choice lunch option available daily



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| ⁴ <i>Oatmeal & Sausage Links</i> Chicken Nuggets Sun Chips | ⁵ <i>French Toast Sticks</i> Loaded Nachos with the options of Turkey Taco Meat, Shredded Cheddar, Cheese Sauce, Refried Beans, etc | ⁶ <i>Bacon Scramble Breakfast Pizza</i> BBQ Lil' Smokies Soft Pretzel with Cheese Sauce | ⁷ <i>Bagel & Cream Cheese</i> Chicken Fried Steak Mashed Potatoes Country Gravy | ⁸ Conferences No School |
| ¹¹ Veteran's Day No School | ¹² <i>Homemade Apple Cinnamon Muffin & Yogurt</i> Beef Teriyaki Dippers Brown Rice | ¹³ <i>Pancakes</i> Pulled Pork Sandwich Coleslaw | ¹⁴ <i>Cheddar Pretzel Stick</i> Pasta & Meatballs | ¹⁵ <i>Donut Bar</i> Chicken Patty Sandwich |
| ¹⁸ <i>Mini French Toast</i> Hot Dog Tater Tots | ¹⁹ <i>Homemade Smoothie & Grahams</i> Orange Chicken Brown Rice | ²⁰ <i>Apple Cinnamon Toast</i> Keith's Famous Pizza Cheese or Pepperoni Caesar Salad | ²¹ <i>Breakfast Corn Dog</i> Chicken & Gravy Mashed Potatoes Green Beans Roll Apple Pie | ²² <i>Cinnamon Roll</i> Deluxe Hamburgers with the option of Cheddar Cheese, Tomato, Lettuce, & Pickles French Fries |
| ²⁵ <i>Poptart & Hard-Boiled Egg</i> Homemade Macaroni & Cheese Sunflower Seeds | ²⁶ <i>Homemade Pumpkin Muffin & Yogurt</i> Homemade Chicken Noodle Soup Breadstick | ²⁷ <i>Filled Soft Cereal Bar</i> Breakfast Sandwich with the options of Egg, Sausage, & Cheese | ²⁸ Thanksgiving Break No School | ²⁹ Thanksgiving Break No School |

A meal must include 3 of the 5 following choices: meat or meat alternative, grain, fruit, vegetable and milk

Students must take at least ½ cup of fruit or vegetables with their meal

Menu is subject to change due to product availability

SIA is an equal opportunity provider