

January

Primary

Available with all meals:

- 1% or Nonfat Milk (Lactose Free Milk Available upon written request)
- Chocolate Milk at Lunch on Wednesdays and Breakfast on Thursdays
- Variety of Fruits & Vegetables
- Uncrustable as a second-choice lunch option available daily



Monday	Tuesday	Wednesday	Thursday	Friday
Poptart Hard Boiled Egg Turkey Corn Dog BBQ Baked Beans	French Toast Sticks Beef Teriyaki Dippers Brown Rice Steamed Broccoli	Bagel & Cream Cheese Chicken Nuggets WG Doritos Green Beans	Peaches & Cream Waffle Dunkers BBQ Lil' Smokies Soft Pretzel with Cheese Sauce Corn	Dutch Waffle Deluxe Hamburger with the option of Cheddar Cheese, Tomato, Lettuce, & Pickles French Fries
Soft Cereal Bar BBQ Pulled Pork Sandwich Coleslaw	Muffin & Yogurt Loaded Nachos with the options of Turkey Taco Meat, Shredded Cheddar, Cheese Sauce, Refried Beans, etc	Pancakes Pasta & Meatballs Steamed Broccoli	Oatmeal & Sausage Links Tamales Mexican Street Corn	Chocolate Donut Chicken Patty Sandwich Tater Tots
MLK Day No School	Homemade Smoothie & Grahams Orange Chicken Yakisoba Noodles Green Beans	Apple Cinnamon Toast Homemade Mac & Cheese Sunflower Seeds Steamed Broccoli	Breakfast Corn Dog Grilled Cheese & Tomato Soup	Cinnamon Roll Chicken Strips Mashed Potatoes & Gravy
Apple or Cheddar Pretzel Stick Cheese Quesadilla Refried Beans	Homemade Muffin & Sausage Links Keith's Famous Pizza Cheese or Pepperoni Caesar Salad	Mini Blueberry Waffles Chicken & Gravy Mashed Potatoes Roll	Ubr Yogurt Parfait Breakfast Sandwich with the options of Egg, Sausage, & Cheddar Cheese Green Beans	Mini Donuts Hot Dog Tater Tots

A meal must include 3 of the 5 following choices: meat or meat alternative, grain, fruit, vegetable and milk
 Students must take at least ½ cup of fruit or vegetables with their meal
 Menu is subject to change due to product availability
 SIA is an equal opportunity provider