

March

Middle

Available with all meals:

- 1%, Nonfat or Nonfat Chocolate Milk (Lactose Free Milk Available upon written request)
- Unlimited amounts of Fruits & Vegetables
- Hamburger, Chicken Patty or Spicy Chicken Patty offered as lunch second choice daily



Monday	Tuesday	Wednesday	Thursday	Friday
Saturn's Rings Comfort Bowl With the option of Chicken Nuggets, Mashed Potatoes, Corn, Shredded Cheese, and Gravy	Stellar French Toast Sticks Pizza Bagels **National School Breakfast Week**	Blue Galaxy Smoothie Bowl Beef & Broccoli Rice Bowl	Cosmos Swirl Cooler Pork Carnitas Fajitas With the option of Peppers & Onions, Refried Beans, and/or Shredded Cheese	Out of this World Cinnamon Roll Sausage, Egg & Cheese Biscuit
Pancakes Lil' Smokies Soft Pretzel Cheese Sauce	Cereal Bar Chicken Nuggets Whole Grain Sun Chips	Peaches & Cream Waffle Dunkers Walking Tacos With the option of Turkey Taco Meat, Shredded Cheddar & Cheese Sauce	Mini Cinnis Chili Dog	Dutch Waffle Breakfast Bowl With the option of Potatoes, Egg, Sausage & Shredded Cheddar Cinnamon Roll
Bacon Scramble Breakfast Pizza Chef's Choice	Homemade Muffin & Yogurt Pizza Grilled Cheese with Marinara Dipping Sauce	Waffles & Yogurt Orange Chicken Brown Rice Steamed Broccoli	Breakfast Corn Dog Loaded Tatchos With the option of Shredded Pork, Shredded Cheddar, & toppings Cinnamon Sugar Tortilla	Chocolate Donut French Toast Sausage Links
French Toast Sticks Homemade Mac & Cheese <u>or</u> Buffalo Chicken Mac & Cheese	Oatmeal & Sausage Links German Sausage Potato Salad	Yogurt Parfait Chicken Quesadilla with Special Sauce (Copypat Taco Bell Quesadilla)	Mini Donuts Meatball Sub	Data Day No School
Cheddar Pretzel Stick Chicken Fried Steak Mashed Potatoes Country Gravy	Homemade Smoothie & Grahams Hot Italian Sub With Ham, Pepperoni, and Mozzarella	Mini Bagels Make Your Own Ramen Bowl Yakisoba Noodles, Grilled Chicken, Broth, and choice of Vegetables	Poptart & Sausage Links Breakfast Corn Dog Yogurt *11:30 Release	Conferences No School

A meal must include 3 of the 5 following choices: meat or meat alternative, grain, fruit, vegetable and milk

Students must take at least ½ cup of fruit or vegetables with their meal

Menu is subject to change due to product availability

SIA is an equal opportunity provider